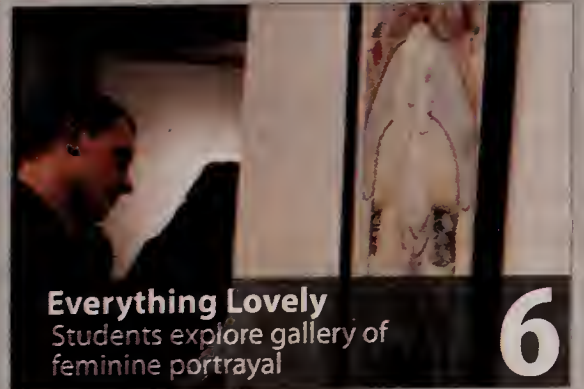


Baker recovers
Alumna bounces back from
biking accident in Denver

5



Everything Lovely
Students explore gallery of
feminine portrayal

6

100 WARTBURG BLVD., WAVERLY, IA 50677



St. John's Episcopal Cathedral (above and right) in downtown Denver might partner with Wartburg West to provide the property where students could live in apartments and attend class. (Right) Wartburg West students (left to right) Meredith Flattery, Ted Leuck, Claudia Villarreal and Holly Hejlik talk with Bonita Bock, program director, during fall term 2012. — Submitted Photos



Wartburg West may move to Denver Capitol area

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After 25 years of Wartburg College hosting the Wartburg West internship program in Denver, Colo., the college is hoping for some big changes in the next year.

Daniel Kittle, director of the

Center for Community Engagement, said a deal might soon be made with the St. John's Episcopal Cathedral located in downtown Denver to share apartments and classroom space for the program.

By being located in the Capitol Hill district of Denver, Kittle hopes the new location would

allow for shorter travel to internship placements, have the ability to host alumni events and give Wartburg West an official office space.

The proposed living space would be set up with single studio apartments for students, with a kitchen and bathroom area. The

proposed living space will be an improvement from the current apartments, Kittle said.

"They were pretty old and small, but definitely livable," Kendra Kregel, who attended Wartburg West in summer 2012, said. "It wasn't anything better or worse than the dorms."

Other issues for the current apartments were the availability of classroom and parking space for the students. Both sites are five blocks away from the current Wartburg West apartment building, Nelson and Bonita Bock,

► Wartburg West may get new — p.2

Visual and verbal power of movies explored in new Keep on Learning class

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The Keep on Learning session, "The Power of Movies: Visual and Verbal," on Jan. 10 drew a large crowd of 153 people. Renee Voves, associate director of alumni/parent relations, said 30 of those people were new to the program.

"It was exciting we actually hit a new record," Voves said. "That's the most we have ever had at a single session before."

Writer Scott Cawelti and illustrator Gary Kelley presented clips from "Nosferatu" and "The General" in the first session of the four part series.

Both Cawelti and Kelley have presented individually in the Keep on Learning series, which is in its eleventh year, Voves said.

She said that helped draw a large



Gary Kelley (left) and Scott Cawelti use their knowledge of storytelling to teach students about the tools movies use to create meaning in their Keep on Learning class. — Emily Novotny/TRUMPET

crowd.

"They were popular speakers as individuals and they are very

well known in the Cedar Valley. We had people come from Cedar Falls and Waterloo," Voves said.

Cawelti taught literature, writing and film at the University of Northern Iowa as professor

emeritus.

Kelley has done illustrations for a variety of clients including Rolling Stone, Playboy and the New Yorker.

In this series Cawelti and Kelley will show movie clips throughout each session demonstrating how movies use story, language, images, sound and music to co-create meanings.

Kelley said Cawelti and he are both storytellers.

"If there is something tangent that Scott does that would be writing...for me it would be making pictures," Kelley said. "Neither one of us makes movies but for me it is just fun because the whole story telling thing kind of wrapped up into this."

When it came to choosing the

► Students discuss how movies — p.3

NEWS

Livingston featured in Glamour

JEANNE EDSON STAFF WRITER
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Wartburg alumna and TV newscaster Jennifer Livingston is continuing to gather support with recent television appearances and an article in the January 2013 issue of Glamour magazine.

On Oct. 2, 2012, Livingston used her position as a news anchor at WKBT in La Crosse, Wis. to address an email from a local viewer. The e-mail writer commented on Livingston's weight and her unsuitability as a professional in the public eye. Livingston seized the opportunity to use the email as a teaching tool, showing the pain and negative impacts of bullying.

Livingston's powerful anti-bullying message quickly went viral and currently has over 10 million views on YouTube. Since then her online popularity and support has skyrocketed and assisted in her efforts to promote tolerance and acceptance.

"You know nothing about me besides what you see on the outside, and I am much more than a number on a scale," Livingston said in her October video.

Livingston also appeared on "Good Morning America" and the "Ellen Degeneres" television show to discuss her experience.



Jennifer Livingston keeps making media rounds sharing her story with the public. She appeared in the January 2013 issue of Glamour magazine and continues to promote acceptance. — Submitted Photo

"I'm not a bullying expert. I am just a mom," Livingston told Degeneres. "But I believe one time is one time too many," she added, referring to the incident.

The newscaster has also publicly forgiven the author of the email,

stating, "It was never about him for me. I mean, he was my one guy and I think we all have that one guy or girl who tries to make you feel less than you are or puts you in a box and slaps a name on it and tells you you're not worthy."

Livingston's original anti-bullying message has continued to be a voice for acceptance. "Learn from my experience — that the cruel words of one are nothing compared to the shouts of many."

Wartburg West may get new facilities

◀ continued from p. 1

program directors, said.

The move to the cathedral would not only allow for a more "campus" type feel, Bonita said, but would have the students located in a better neighborhood.

"The area is just awesome architecturally, and is so full of different cultures," Kregel said.

Bonita said they hope to have more of a Wartburg presence in the neighborhood.

The proposal of collaborating with St. John's has been ongoing for about a year and a half, Kittle said. He also said that St. John's mission is similar to Wartburg's beliefs, making them a perfect partner.

"They like to infuse a spirit of youth and spirit of service in their congregation," Kittle said, "and we have much of that to give."

Both the Bocks and Kittle are said they hoping to expand the program not only in size but also in programs offered if the proposal is accepted.

The proposal is still in the works but Kittle said a deal should be established soon and hopefully students will be living in the new space for next year's fall term.

Seniors start to feel the pressure as graduation draws near

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For Wartburg seniors, Director of Counseling Services Stephanie Newsom said this time of the year is when the stress of preparing to graduate in May peaks.

"It won't be long and we will be definitely seeing more seniors coming in," Newsom said.

The Merriam-Webster Dictionary defines senioritis as "an ebbing of motivation and effort by school seniors as evidenced by tardiness, absences and lower grades."

Wartburg fourth-year Irene Waletzki she said she hopes to make each day count up until her

final day on campus and not live up to the expectations of senioritis.

The psychology major plans to attend graduate school after leaving Wartburg and wants to work as a college counselor.

"It's my last four months to prove myself," Waletzki said. "It's my last four months to really take advantage of everything that Wartburg has to offer because at a lot of places, you don't get the experiences and the same opportunities."

Senioritis isn't common among all seniors.

Pathways Center Associate Director for Career Services Derek Solheim said the students' approach to their senior year is not

black and white.

"It's really a different type of anxiety," Solheim said. "Each person is charting their own path. For some, they already got that wrapped up now. For others it's this ongoing process that doesn't necessarily have closure."

Wartburg's Career and Vocation Services offers a variety of helpful tools including career fairs, resume proofreading and the Senior-Year Experience; a session to learn about insurance

"If you can show an employer that you understand how to manage your time from past experiences, you are well on your way to being successful in an organization beyond Wartburg."

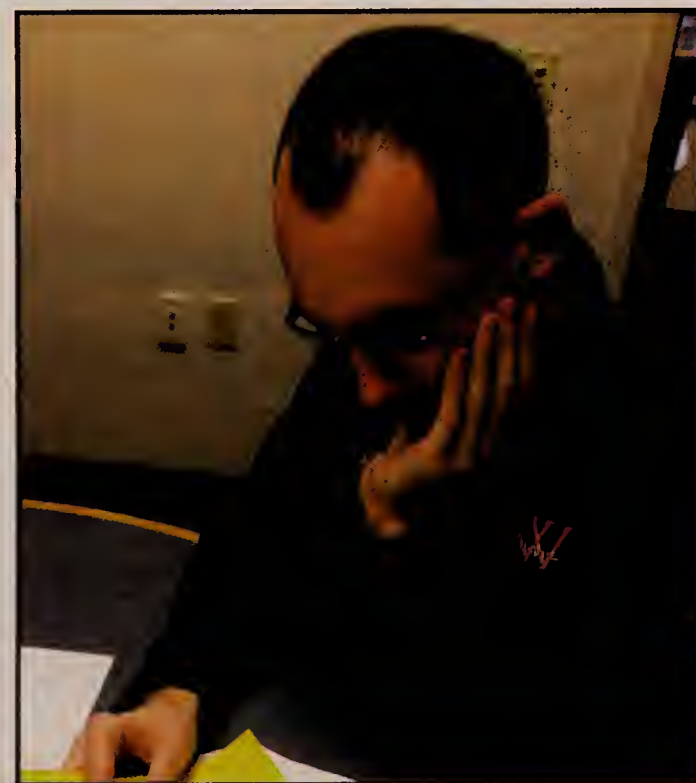
— Derek Solheim

and benefit options at a graduate's first job.

Waletzki said she took advantage of opportunities like these and wants to see her fellow classmates to do the same.

"If you blow it off until the time comes, you might find yourself floundering. If you want to stand on your own two feet and find something to do for yourself, you have to prepare yourself."

To prevent the build-up of stress and anxiety, Solheim said time



Gordon Roedel, fourth-year biology major, keeps up with his studies in the library to stay on track and not let senioritis get in his way. Roedel plans to attend medical school after graduating from Wartburg in May 2013. — Erin Ridgeway/TRUMPET

management is key to finishing your college career strong.

Things such as using a school planner will benefit seniors beyond the Wartburg bubble.

"It's essential. If you can show an employer that you understand how to manage your time from past experiences, you are well on your way to being successful in an organization beyond Wartburg," Solheim said.

While making time management an important component to preparing to graduate, Newsom added college seniors should not let self-doubt or fear of the unknown become an obstacle.

"Trust the process," Newsom said. "You will end up somewhere. It may not be your ideal place initially but you will end up somewhere and things will be OK."

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NEWS

Wartburg considers post-baccalaureate certificate

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Wartburg is in the process of submitting a proposal to the Wartburg College Educational Policies Committee for a post-baccalaureate certificate program in leadership.

This new program is not a full degree but students would get graduate level credits.

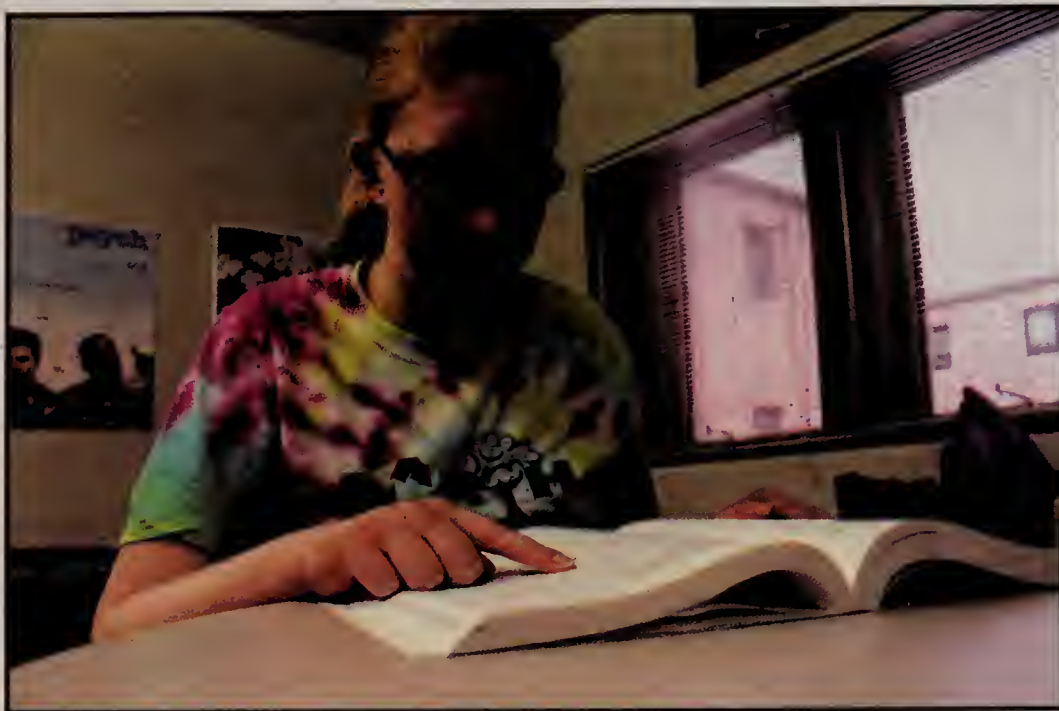
It came about because of the strength of the undergraduate leadership minor, Dr. Julie Kliegl, assistant professor of business administration, said.

"We have also seen a lot of other colleges and universities add programs like this, so there were a number of converging factors," Kliegl said.

Having this type of program will help not only the college but the students as well.

"By having graduate level courses in leadership it can only give you yet another leg up on the competition in your job search and will give you knowledge that will positively impact your performance in your future positions," Courtney Mehus said.

Kliegl, is one of many professors that teach leadership courses but she said that the work of this proposal is not just her but the work of



Anna Lauterbach, a biology major, studies for graduate school. If Wartburg introduces a post-baccalaureate program in leadership, she can continue leadership studies at Wartburg. — Emily Novotny/TRUMPET

many professors coming together.

A part that is different from the leadership minor is that these classes will be mostly online. There will be a residency component in the beginning so people can get to know one another, Kliegl said.

"Right now it would take a year to complete this program, it could

be done more quickly but we do want to have the residency component," Kliegl said.

The program would begin with a no credit introductory class to online learning so people who are not used to doing work online can get the feel of it. That class would then be followed by Personal Leadership Development, Leadership

Theories, Leading Organizational Change and an applied leadership project, Kliegl said.

"The whole model of the program is about mind body and spirit. So (it's about) how we think about leadership, how we practice leadership and the spiritual dimensions of leadership," Kliegl said.

This program is beneficial and is intended for working adults so they can improve their job skills, Kliegl said.

"If I was a professional trying to either move up in a company or find a new job altogether, I would definitely enroll in the program. Not only would the program be a boost to a resume, it would also show employers that I have the desire to lead and want to do so efficiently," Katie Brown said.

Kliegl said this program still needs to go through the faculty governing process, probably later this month. Faculty will be able to share their thoughts and concerns.

"The people working on this proposal are anticipating doing a pilot program the first two, maybe three years to determine if there is enough of a market demand for it, can we successfully manage the work load and that we have positive outcome," Kliegl said.

"Assuming all would go well, we would go back to the faculty and ask for a permanent creation of the program," Kliegl said.

Kliegl said the best estimate for the program to get up and running if all goes well would be the 2014 academic year.

"We have a lot of steps to go through but we are feeling really positive," Kliegl said.

Advisory Council begins budget planning

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In determining Wartburg's budget for next year, Vice President for Administration Gary Grace said the school is looking for cost reductions as well as new sources of revenue.

Grace said the President's Budget Advisory Council will continue working on the budget for six to eight weeks and throughout this process, the council will determine where cost reductions will come from.

"Whether it's cost reductions or new revenues, we're trying to connect them to the Wartburg mission," Grace said. "I can't promise these are reductions people will notice or not."

Grace said the Budget Advisory Council will look into all the programs Wartburg offers to make sure they are still beneficial to the college and are fulfilling the mission. They will also examine some new opportunities for the college to make money, such as hosting more high school camps and adding new academic and athletic programs to draw in potential students.

"Examining each program is a good reaffirmation that the process is working going forward,"

Grace said.

Despite the recent Fiscal Cliff, Grace said Wartburg's budget hasn't been affected. He said the college thoroughly examined its programs in 2008 when the economy started to go downhill and thinks Wartburg is distributing its funds in the right places.

Chief Business Officer and Treasurer Rich Seggerman said the Fiscal Cliff will have "no bearing on the college budget, but indirectly it's affecting employees and could affect people paying for an education."

Compensation for faculty and staff will be determined in the spring, Grace said. Faculty and staff received pay raises last year on Jan. 1, 2012.

Student Senate Treasurer David Nelson said he thinks the Fiscal Cliff will have a transitory effect on the college, meaning the effects will be felt but will begin to diminish as the year continues.

"It is possible that the college will be able to identify cuts that have very little to no impact on the students," Nelson said. "Additionally, it is possible that tuition could change if the college needs to raise more revenues to continue to provide the same or greater level of education."

Tuition and room and board make up 90 percent of the school's income, Grace said.

Nelson said any budget cut is difficult to make, and "the process is finding cuts that can be made that do not impact the mission."

Students discuss how movies create meaningful experiences in Keep on Learning class

◀ continued from p. 1

movies to show clips of during the session, Cawelti said they started with a list of 30 films and narrowed it down to a variety of needs.

"We didn't want them ganged up in one decade and we wanted an interesting variety," Kelley said.

Kelley said the reason for picking the movies was to expose people to new things, not new films but new experiences.

"Movies change our lives," said Cawelti.

He also said they are an important cultural phenomenon.



Community members sign in to "The Power of Movies" Keep on Learning session on Jan. 10. — Emily Novotny/TRUMPET

"When you go to a great movie and you remember it is getting inside in a way no other art form does because it is a combination of images and language," Cawelti

said.

Cawelti and Kelley have three other sessions in the month of January for this Keep on Learning series.

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OPINION & EDITORIAL

Input needed in ordinance talks

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As many students have heard, the City of Waverly is currently considering changes to the city ordinance regarding rental houses.

At this time, there is no ordinance regarding the safety of

rental properties.

The city is considering implementing an ordinance that would make landlords responsible for providing renters with safe housing.

The city's current idea is to hire an individual to act as the ordinance enforcement officer.

This person would inspect rental houses to ensure they meet all expectations including plumbing and mold.

With the addition of this position, the portion of the updated ordinance that would limit the number of individuals living in a rental property would also be enforced.

Under the current ordinance,

the number of tenants allowed to live in a rental house is based on its location, not its size.

The city's idea is to change the ordinance so that the number of tenants allowed would be based on the number of legal bedrooms in the house.

The reasoning behind this is two-fold.

First, it encourages safety in the houses.

It will promote individuals living in rooms with an egress in case of any emergency situations.

Currently, a number of off campus students are living in basements and rooms without an egress. This can be dangerous in the event of a fire.

Second, it would help resolve the city's parking problem.

This ordinance affects all Wartburg students who hope to live off campus sometime in their college career.

It is important that students stay informed about the issue and share their opinions with the city.

The only way the student voice can truly be heard is through the students, so sharing your input and concerns is essential.

Student Senate has been involved in the conversation at City Council meetings in the past weeks.

However, it is important that all opinions are shared.

Because of this, we strongly

encourage students to attend the Waverly input meetings.

Waverly is hosting two city input meetings regarding the ordinance.

These meetings are open for the public to give their opinions.

The meetings will be held on Tuesday, Jan. 15 from noon to 1 p.m. and on Thursday, Jan. 17 from 4:30 p.m. to 6 p.m.

Both meetings will be held in the Waverly Civic Center at 200 1st St. NE in Waverly.

Any students who have questions regarding the ordinance are encouraged to contact Student Senate at senate@wartburg.edu or the City of Waverly Zoning Office at 352-9208.

Choice Words | WARTBURG SOUNDS OFF

Dear Wartburg,
 Why do we have December graduation?? Why??

- **Sad Roommate of a December grad**

We would not be opposed to Festerberg serenading us to sleep every night. Or even just once!

- **Löhe 237**

Everyone I know is getting married or pregnant. I'm just getting more awesome.

- **Legen(wait for it)dary**

Dear Girl on Löhe 2,
 Please wash your hands. Please.

Sincerely,
 - **Calling you poop hands from now on**

Dear Professors,
 If I do any more reflections, I'm going to turn into a mirror.
 - **Too much of a good thing can be bad**

Dear professor,
 Your exam was an exact replica of an online quiz accessible for every one on the Internet. Here comes 100 percent!
 Sincerely,
 - **An ethical student**

Dear spandex-haters,
 Our clothing choice is incredibly comfortable and very efficient in our sport. You should try it out some time.

Love,
 - **Track girls**

Bookstore,
 Please make sure your book prices online match up with the prices in the store. It looks bad on your part.
 - **I Did My Research**

Dear KCRG/Wartburg,
 I feel like you're allowing the world to stalk me with the campus cam.
 Sincerely,
 - **Creeped Out**

It's one week into the semester and I am already daydreaming of graduation...provided I have a job lined up.

- **Senioritis is real**

To the wannabe members of the Ring by Spring Club...the pressure is on.

- **Winter's almost over**

The squirrels are out and about again. If they see their shadow, does that mean spring's coming?
 - **They're so fluffy!**

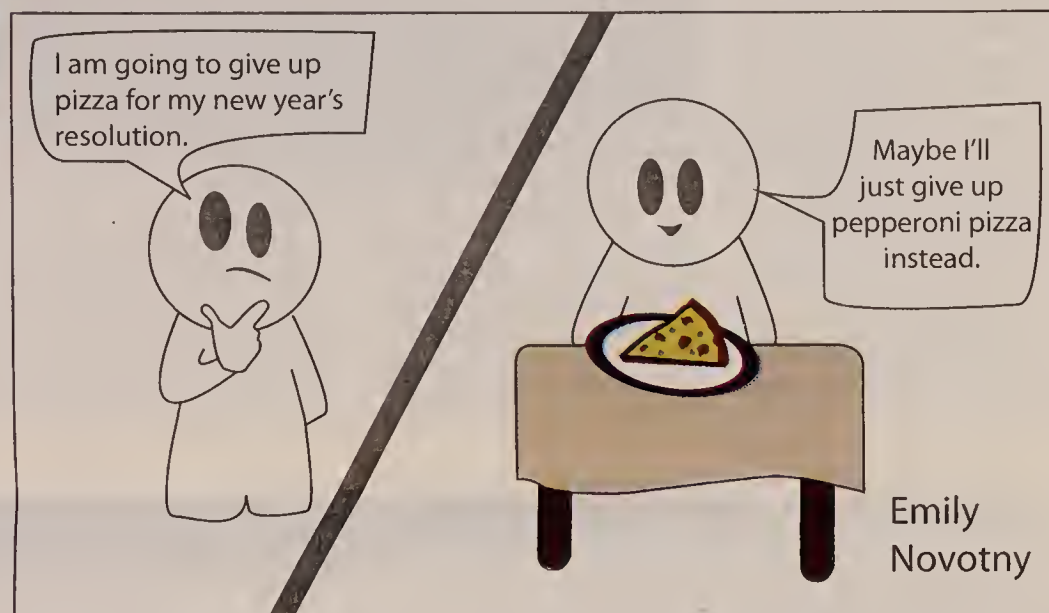
Submit your Choice Words online at:
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THE **Circuit**
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Choice Words is dedicated to the (truthful?) expression of the students, faculty, staff and alumni of Wartburg College. Want to share your thoughts, observations or wisdom? Serious or delirious, it's

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time that you're heard! Either go to the Circuit or tweet #choice-words to see your thoughts here! The Trumpet reserves the right to censor inappropriate and libelous comments.



Emily
 Novotny

Trumpet Editorial

Making the most of your new year

It's that time again. The beginning of a brand new year.

Whether or not you're the type to make resolutions, there's no denying the beauty of the start of a new day, in a new week, in a new month, in a new year.

There's something in our DNA that configures us to feel like the beginning of any one of these is a fresh start, so the combination of all of them feels like the ultimate chance for renewal, the best chance to hit the reset button on all those goals we didn't accomplish in 2012.

2013 represents something new. It represents a blank page for us to scribble all our hopes, dreams and goals on.

It is a stage waiting to be brought to life with the characters we'll encounter, the plot twists we will maneuver and the story we will create.

There will be times this year

when you feel that things are out of your control and there will be times where that is very much the case.

We can't do much about those times, but we can't overlook this as we charge forward into 2013: so much of the year is within our control.

So many of the goals we are always pushing aside are ours to accomplish this year.

One of the best ways to start making this year work for you is to make some concrete goals.

Sit down this evening and really think about what it is you want to accomplish this year.

Think about the big things and then think about the little things that can get you to that point.

Too often we make our goals seem unattainable by dreaming up something so big we paralyze ourselves.

Don't get us wrong, dreaming

big is one of the best, most inspirational things you can do.

But instead of realizing that the big goal is just a bunch of little goals that add up, we get frustrated because we can't accomplish our big dream in one giant step.

Once you've chopped up your bigger goals into smaller, more achievable ones, it's time to plan it out.

We know how busy schedules get and how quickly any free hours can be lost if we don't prioritize.

Once your smaller steps are identified, schedule things to make them happen into your day.

If it's already a scheduled part of your day, there's less of a reason for you to let your goals go.

Plus, achieving mini-goals on the way to your larger ones helps you feel the joy of reaching a goal more often, keeping you motivated as you work toward the big dream.

TRUMPET

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Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing.

Letters must be signed, fewer than 250 words, submitted by 9 p.m. Thursday and related to current issues in the Wartburg community. Letters may be sent to the communication arts office or emailed to wartburgtrumpet@gmail.com. Please type "Letter to the Editor" as the subject line. Publication is at the discretion of the editor.

KNIGHTLIFE

Wartburg grad finds strength through family and friends

SARAH BORAAS KNIGHTLIFE EDITOR
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Laura Baker, a 2009 Wartburg graduate from Waverly doesn't remember a lot from her accident but is building new strength through the help of friends and family.

Baker, 25, had a bike accident on Aug. 26 during a charity ride in Denver, Colo. called the Venus de Miles.

While riding with her best friend Kathleen Burkhardt, Baker braked at the bottom of a hill and went over the handle bars and landed on her head and neck. She was sent to the emergency room with a traumatic brain injury.

"I'm lucky, really lucky," Baker said. "If it wasn't for the helmet I was wearing and the amazing people that were surrounding me at the time, I would for sure be dead right now."

Baker spent three weeks in the intensive care unit at Long Mount Hospital in Colorado and then spent several months at Craig Hospital in Denver for rehab and inpatient care, said Debbe Baker, Laura's mother.

Baker was discharged from Craig on Nov. 14 and now lives in Waverly to receive outpatient therapy at Covenant Medical Center in Waterloo.

Baker's therapy consists of physical, occupational and speech therapy to strengthen her body because of the months spent in the hospital.

She also struggles with serious memory problems and short-term memory loss which makes it hard for her to remember what she did earlier that day and what her past year has consisted of, she said.

"Frustration has been one of my biggest emotions. Anybody would be frustrated if you couldn't do something you've always been able to do," Baker said.

"I have learned though that



Bike enthusiast Laura Baker rode her bike frequently at her home in Denver, Colo. before her accident and plans to do the same once she is fully recovered. —Submitted Photo

the people in your life mean a lot. If you surround yourself with amazing people, even the bad stuff seems OK."

After Baker's accident, her friend Kathleen decided to make a Caring Bridge account to keep her friends and family updated on how she was doing through the recovery process. In the first month of the creation of the blog, it received 20,000 hits, said Tom Baker, Laura's father.

"The main reason for my recovery is due to the insane amount of

love I have received from friends, family and even strangers," Baker said.

"Just knowing someone is thinking of you matters so much."

Baker's parents stayed by her side throughout the entire recovery process, experiencing the good and the bad times. They continued to find strength through each other and support through friends and family, Debbe Baker said.

"Laura was a real trooper," Tom Baker, said. "She continued to show she was fighting until the

very end."

Baker's future plans consist of going back to Denver, continuing her second year of Masters at the University of Denver and eventually becoming a communications director for a non-profit organization, which she said, could ironically enough be Bike World.

"Biking will always be a big part of my life, as long as I can move," Baker said. "My accident hasn't affected my love of it in the least bit."

New year brings new years goals towards fitness

TORIE JOCHIMS OP/ED EDITOR
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For many, the New Year started out not with the ball dropping, but with fantasies of dropping a few pounds.

Of all the New Year's resolutions, it is often said that getting into shape or working on personal wellness is one of the top resolutions made, Sheila Kittleson, director of "The W" said.

As December rolled in, Kittleson said they saw an increase in membership, something they typically see yearly.

"I definitely think part of that can be attributed to resolutions. Part of it is because it's cold outside now, but I think there's definitely some resolutions in there, too," Kittleson said.

"The W" encourages people to start their health journey, though Kittleson said it doesn't necessarily have to be a resolution and begin on Jan. 1.

"Anything it takes to give people the push to start taking those steps and taking care of themselves, we're always happy to see that. If it takes the start of a new year, then that's just fine," Kittleson said.

Assistant Director of Personal Training and Massage Therapy Beth Myers said she recommends fitness classes for people who may be just starting out.

"There's an accountability there with fitness classes, so they are a good way to get started," Myers said.

"And I always tell people that they should expect to be sore for the first two weeks, but not to take several days off until the soreness goes away."

Sydney Marsh said that health wasn't on her resolutions list, but not for the reasons you'd expect.

"I don't normally make New Year's resolutions, because I don't feel I need a certain time. If I want something, I just jump in. However, being fit and health conscious is something I strive for throughout the year," Marsh said.

Kittleson said she thinks people make health a resolution because they know it's something they should be taking care of.

The start of a new year also feels like a fresh page to finally stop making excuses about it.

"I think New Year's is a great time to think about the person you want to be and then realize that to be that person, you need to devote time and energy to making that perception reality," Shea Kruger said.

"I think it's important to keep your goal in mind and remember that it will take daily persistence for a resolution to become a habit," Kruger said.

Senior Wartburg student co-authors first book

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A newly published author has returned for her final semester at Wartburg. Through her summer internship, Torie Jochims was able to co-author a book with speaker and real estate agent Karel Murray.

Jochims said the best part of working on the non-fiction book, "Conquering the Witch Within: Intergenerational Work Place Strategies that Create Real Results," was that she is now a published author.

"I don't think a lot of people my age get to say that. Working with Karel (Murray) was amazing," Jochims said.

The book, published Nov. 20, 2012, was based on some of Murray's experiences in her professional career. After surveying over 200 women across the country, Murray wanted to offer some solutions to reoccurring problems



Torie Jochims' book is available on Amazon. —Emily Novotny/TRUMPET

that arise in the workplace.

"The responses were in line with what I had experienced over the past 38 years; that women can be their own worst enemy due to how they treat each other in the business environment. It was time to begin the conversation," Murray said in an email.

Murray and Jochims wrote the chapters together. The final section of each chapter contains a dialogue between Murray and Jochims.

Jochims said she never imagined working on a non-fiction book about the business world. The project allowed her to work on her writing under the guidance of an experienced non-fiction author.

"Torie had a willingness to express her opinion to an older person. It was honest and that was exactly what this book needed," Murray said.

In order to bring a unique perspective to the book, Murray

said she needed another voice. Jochims was able to use her experiences from previous internships and her projection of what she imagined a future workplace might be like.

"It was cool to have the perspective of someone who doesn't have a lot of experience in business. I think that is something that doesn't get told very often because people don't think there is a validity to that," Jochims said.

"The way it is set up with her perspective and my perspective is so you can see that validity."

Both Murray and Jochims said they wanted to work together again, and will be continuing publicity efforts for their book.

Jochims said working on the project was a great way to continue developing her career as a writer.

"Working with someone who has written before was really helpful. It helped strengthen me as a writer."

KNIGHTLIFE

Cedar Falls artist's latest exhibit showcases female identity

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As Wartburg moves into the new semester, a new gallery exhibit is on display.

Pieces of work by Claire Stigliani are currently on display in the Waldemar A. Schmidt Art Gallery.

Stigliani is a graduate of the University of Northern Iowa, but she did not always grow up in the Midwest.

"I was born in Alexandria, Va. When I was three we moved to Vienna, Austria. Then in sixth grade we moved to Cedar Falls," Stigliani said.

Stigliani visited Amsterdam for a year and a half after graduating from college.

Stigliani said the different places she has lived influenced her work in some ways.

"Vienna is a Baroque city, and I definitely think that comes across in my work. I was really influenced by Dutch design when I lived in Holland," Stigliani said.

"Dutch design is really clean but then it's also about nature and animals and I really loved that."

She said that living in the Midwest helped her be able to tell stories and entertain herself.

As a child, Stigliani said she loved to play. She said it gave her the chance to make a story and make up her own worlds.

"My mom would always say when I was a kid 'oh, you're an artist,'" Stigliani said.

"I thought it was like a great new world. Everyone was born into something."

However, when she entered high school Stigliani said she was not sure if she wanted to be an artist.

"I wasn't sure what I wanted to

do. I just wanted to do something normal," Stigliani said.

Her desire to continue telling stories did not stop though, she said.

"I don't know if there is anything else I ever thought about doing," Stigliani said.

Her exhibit that is currently on display in the gallery is titled "Everything Lovely."

"Everyone wants to play and everybody can play casually, but to play like as a career is a huge privilege and so you have to do it harder than anyone else."

— Claire Stigliani

Stigliani said she is interested in "images of women in the way they represent themselves."

"I always wanted my work to feel like the way you felt when you stepped into a really fancy party on New Year's Eve," Stigliani said.

Zhijian "Alice" Wang, gallery director, said she believes Stigliani's work has a unique perspective on wealth, sex, female and youth.

"Her work shows a great influence of pop culture and reflects how young people view themselves as well as the society," Wang said.

Wang said it was Scott Hudson's idea to feature Stigliani's work.

"Scott Hudson who was the director of the gallery was neighbors with my parents. He just contacted me," Stigliani said.

"I think he knew that I was showing,"

Wang said she believes Hudson's



"Everything Lovely" is a theme that Stigliani has been thinking about for a while. The images show Stigliani's interest in how women represent themselves and her interest in romanticism and rococo which she described as being about decadence. — Emily Novotny/TRUMPET

reasoning was "that Claire is one of the young artists who just started to rise in the art world, and she is a local artist."

Everything Stigliani makes she makes in bed, she said.

"When I was in high school, I would always do all my homework in my bed," Stigliani said.

"When I was in college and I would get my painting homework I would try to do it at a desk or easel because that was what I was supposed to do but then I would always slowly move to my bed."

Out of everything she makes,

only about 10 percent of it actually made the editing cut, Stigliani said.

"I work consistently and then what I show becomes an editing process."

She said she believes art is important because "it is a reflection of life."

"It can talk about what you want life to be or the way life was," Stigliani said.

"It is a way to synthesize both my life and what I see as the culture around me. I think that whether you are an artist or not, everybody does that."

Stigliani had three pieces of

advice for those who are aspiring artists. She said they have to play, have to be dedicated and have a critical eye.

"You have to have a crazy work ethic because to play as an adult is a huge privilege," Stigliani said.

"Everyone wants to play and everybody can play casually, but to play like as a career is a huge privilege and so you have to do it harder than anyone else."

"Everything Lovely" is on display until Feb. 22 and is free to the public. Gallery hours are 9 a.m.-5 p.m.

Returning Trumpet Choir brings new music to Wartburg

KRISTINE MILBRANDT STAFF WRITER

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For the first time since the 2009-2010 academic year, there is a trumpet choir on campus.

Due to the influx of trumpets this year and the 3rd Annual Trumpet Festival happening in March, Scott Muntefering held an informational meeting for Wartburg trumpeters Jan. 8.

"We have 30 trumpets all in one ensemble," Dan Haack, a sophomore, said.

"I'm interested in the music that we're going to play because it's going to be many, many parts. I'm looking forward to the experience of it."

The first trumpet choir got its start in the fall of 2009, which was Muntefering's first semester at Wartburg.

"We did it for whole year, but the next year, we shifted into brass choir, which is trumpets, horns, trombones, tubas and euphoniums, to get other students involved with

the brass choir," Muntefering said.

Sarah White, a junior, is looking forward to the start of the new group.

"This is the first time that I'll be playing in a trumpet choir, so it's new and it's fun," White said.

White is also looking forward to getting to know other trumpeters better from the two different band ensembles at Wartburg: Concert Band and Wind Ensemble.

"Since we're separated into two different bands, we don't really get to know all of the trumpets, but this will bring us together and help us get to know each other better," White said.

This year's Trumpet Festival brings the Kentucky Baroque Trumpets to Wartburg, famed for their role in the 2012 Steven Spielberg film "Lincoln."

The men's trumpet ensemble can be seen in the film playing during the scene at Gettysburg.

Muntefering said that the Kentucky Baroque Trumpets will be bringing Civil War-era trumpet

equipment and uniforms with them.

The ensemble will perform with Muntefering and two other Wartburg professors March 21 in the chapel.

On March 22, the trumpet festival continues, bringing high school trumpeters from around Iowa and Minnesota to Wartburg.

The high school students will get a chance to play songs of their own, as will the Wartburg Trumpet Choir and the Kentucky Baroque Trumpets.

Concluding the evening, they will join in a mass choir of up to 70 trumpets.

"Because we have so many players on campus, there's an opportunity for everyone to play together," Muntefering said.

"It's also a little bit of a recruiting tool, because for the trumpet festival, we bring high school players on campus so they can see what a college choir looks like."



White and Joe Amsberry are two members of the Wartburg Trumpet Choir. The choir has 30 trumpeters. This is the first trumpet choir on Wartburg's campus since 2009 — Emily Novotny/TRUMPET

SPORTS

Knights deserve your support

◀ Continued from p. 8

Sharpshooters Brett Ahlgren, Drew Crawford and Thomas Perkins can light it up from anywhere on the court.

Floor generals Mitchell Murphy and Brandon Flenor can create offense for themselves and for their teammates.

Inside, Eddie Diemer and Clay Cook give the Knights legitimate scoring from the post and are also beasts on the boards.

A team that lost their All-II-AC leading scorer and rebounder (Jordan Sathoff) and was supposed to only win a couple IIAC games is clearly one of the most balanced teams in the league and they deserve your support.

Come out to Levick Arena Wednesday night as they take on Coe.

The Kohawks were picked to win the conference and are 2-1 in league play so far. Wouldn't that be fun if No. 8 beat No. 1? Well, that's what they were supposed to be, anyway.

And let's not forget about the women.

They may have lost Saturday but that was to the No. 14 team in the country (Simpson), and the Knights gave them all they could handle.

Regardless, this team is 2-1 in the IIAC after a close win against Dubuque and thrashing Central by 31 points.

The women play an exciting style of basketball, often double teaming and trapping the ball handler and looking to force turnovers.

Almost every player can handle the ball and shoot the three but they also feature an inside presence in freshman Kailey Kladi-vo who has become the league's breakout player, leading Wartburg in scoring. Alison Emrich also provides the Knights a potent threat in the post.

Senior Baileigh O'Brien is a double-double machine. Point guard Abi Weidemann is back from injury and fellow senior Cathy Reiter is a defensive ball hawk — and no slouch on the offensive end either.

Carly Jacobs and Brooke Stahlberg can knock down three after three and Holly Halstead can handle the ball just as well.

The Knights are also one of the fastest teams in the IIAC and play relentless defense.

The women take on Coe at home Wednesday at 6 p.m.

Oh and did I mention the Kohawk women were also picked to win the IIAC?

Well I think Coe will be pretty surprised when they step inside Levick Arena Wednesday in front of a raucous student section to face two extremely good and driven Wartburg basketball teams.

It's time to give these teams the support they deserve, because they're both conference title contenders and proving doubters wrong across the state.

Women pound Dutch, fall to Storm

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No. 14 Simpson (13-1, 3-0) was too much for the Wartburg women (9-5, 2-1) to handle Saturday as the Storm forced 25 turnovers and held the Knights to 20 percent three-point shooting in a 66-57 win.

Wartburg tied the game at 21 with just over three minutes to play in the first half but a 9-2 run gave Simpson a seven-point lead at the half.

The Storm would not relinquish that lead as they led by as many as 14 in the second half and the Knights could never get closer than seven as they suffered their first Iowa Conference loss of the season.

Baileigh O'Brien nearly recorded a double-double with nine points and 13 rebounds while Carly Jacobs led the way in scoring with 18 points.

Kate Nielsen led Simpson, which shot 39.1 percent from the field, with 22 points and nine rebounds.

The women dominated Central at home Wednesday in a 69-38 victory over the Dutch.

The Knights were up 33-18 at the end of the first half and were in the

driver's seat the rest of the way, at one point leading by 35 in the second half.

They held the Dutch to 19 percent shooting from the field and allowed no shots from three-point range.

"I thought our pressure gave them problems, if they run their structure they are pretty good. We didn't let that happen and we were able to score off our defense," head coach Bob Amsberry said.

Carly Jacobs led all scorers with 13 points hitting three of her six attempted three-pointers.

Point guard Abi Weidemann returned from a five-game absence due to a head injury to score 12 points and dish out two assists off the bench.

Cathy Reiter had nine points, three assists and three steals.

The Knights shoot a total of 51 percent from the field and 39 percent from three-point range.

"I thought our kids did a good job of being patient and getting high quality shots and we were able to hit some threes which got us going plus off our press we were able to score in transition," Amsberry said.

The Knights return to the court Wednesday to host Coe (9-5, 2-1).



Guards Brooke Stahlberg (11) and Carly Jacobs pressure a Central ball-handler at Levick Arena Wednesday night. —Erin Ridgeway/TRUMPET

Knights take down Simpson

◀ Continued from p. 8

Flenor ended up with 13 points while also dishing out five assists.

Jake Reinhardt also contributed a career high 14 points, making five of his six shots.

Big man Eddie Diemer had a rough night on the floor only connecting on only three of his 11 shots but still ended up with eight points and led the team with 10 boards.

"We had a lot of guys step up, our three leading scorers came off the bench, those guys did a great job, but give credit to our starters

because they came in and established things early then our bench came in to continue what the starters had done," Steege said.

"We did a pretty good job at the start of the second half of building our lead, towards the end of the half we need to work on taking care of the ball," said assistant coach Jason Steege.

The Knights led by as many as 26 early in the second half and despite the lead being cut to single digits, the Knights hung on for the victory.

Wartburg returns to action Wednesday against Coe at 8 p.m.

IIAC WOMEN'S BASKETBALL STANDINGS		
Simpson	3-0	13-1
Loras	2-1	12-2
Coe	2-1	9-5
Wartburg	2-1	9-5
Dubuque	1-2	11-3
Central	1-2	8-6
Luther	1-2	9-5
Buena Vista	0-3	7-7

IIAC MEN'S BASKETBALL STANDINGS		
Buena Vista	3-0	11-3
Luther	3-0	10-4
Wartburg	3-0	8-5
Coe	2-1	9-5
Dubuque	1-2	11-3
Central	0-3	7-6
Loras	0-3	5-9
Simpson	0-3	4-10

Tracksters dominate season opener at home

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The Wartburg Relays marked the start of the indoor season for the No. 1 ranked Wartburg women's and No. 14 ranked men's track and field teams Friday, as the Knights won against the Simpson Storm. The Knights dominated the meet, winning 26 of the 28 events.

The field events started the meet off well for the Knights. Both the men and women won all events in

the field portion of the meet.

On the women's side, the high jump was won by Mary Wrage (1.52m), Ashlee Downs won the long jump (4.93m), triple jump was won by Monique Davisson (11.51m), pole vault by Allie Munday (2.70 m).

In throwing events, the shot put (13.10m) and the weight throw (14.80m) were both won by Kayla Hemann.

The men's high jump (2.07m) and

long jump (6.99 m) were won by Jonas Elusme, the triple jump was won by Chad Green (12.40m) and Colt Feltes won the weight throw (14.78 m).

Dylan Boyd also had a win for the Knights in the shot put, putting up his personal best with a throw of 15.79m.

"It was a great first meet. There is still lots of room for improvement, and many good things are coming for the future," Boyd said.

Running events were also successful for the men's and women's teams.

The men's team won six of the running events. Larry Johnson ran the 60m hurdles in 8.51 seconds. The men's relays of 4x800 meters (8:15.01), 4xMile (18:28.83), 1600 sprint medley (3:59.64) and the distance medley (10:52.87) were all won by Wartburg.

The Knights also had an exciting battle with the Storm in the 4x200 as both teams exchanged leads throughout the race and the

Knights overcame the Storm in the final stretch to take the win.

The women won all eight of the running events. Erica Dynes ran the 60m dash in 8.18 seconds and Camesha Goods ran the 60m hurdles in 9.00 seconds.

Relay victories for the Knights came in the 4x200 (1:50.40), 4x400 (4:08.24), 4x800 (9:38.25), 4xmile (22:52.23), 1600 sprint medley (4:43.31) and the distance medley (13:03.98).

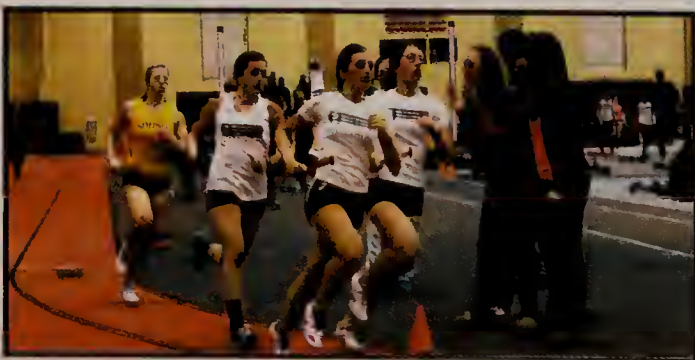
The final races of the night featured the Wartburg teams surrounding the track to cheer on their teammates.

Two of the members of the women's team ran through this gathering of their teammates.

"It was awesome," junior Cera Bauder said.

"It was really fun. It pushed me to work harder," teammate Chelsey Henkenius said.

The Knights return to the track at the Cyclone Open Friday and Saturday.



Wartburg runners (from left) Maddie Kleve, Kristin Canning and Kendra Kregel run in Hoover Fieldhouse Friday. —Emily Novotny/TRUMPET



Women split two IIAC games
The Knights were successful at home but couldn't get past Simpson on the road

7

UPCOMING SCHEDULE

Wednesday	W/M Basketball vs. Coe
Thursday	Wrestling vs. Luther
Friday	Wrestling @ Coe
Friday	Indoor Track @ Cyclone Open
Saturday	Indoor Track @ Cyclone Open
Saturday	W/M Basketball @ Buena Vista

Knights win NWCA National Duals

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For the first time at the National Duals, it was not a Wartburg vs. Augsburg final in Division III. Instead, the Knights went up against the No. 2 ranked team in the country, Elmhurst Sunday afternoon.

The No. 1 ranked Knights (10-0) defeated the No. 2 Bluejays (8-1) 24-10 to clinch the third straight and seventh overall National Duals title

for Wartburg.

Winners against Elmhurst included Gilberto Camacho (4-1 decision), Kenny Anderson (3-0 decision), Kodie Silvestri (18-3 technical fall), Cole Welter (12-4 major decision), Landon Williams (5-0 decision), Dylan Azinger (6-5 decision) and Ryan Fank (6-0 decision).

In the semifinals Sunday morning, Wartburg was up against No. 5 seed Centenary (N.J.).

The Knights started off strong

with a pin from Camacho and a decision from Anderson.

Centenary got on the board with a decision over Tommy Mirocha.

Silvestri, Williams, Upah and Phillip Hawes pulled out wins for the Knights and Wartburg headed to the finals with a 23-12 victory over Centenary.

On Saturday the Knights won the first two rounds.

Their first dual was against No. 16 seed Johns Hopkins. Wartburg

won 25-12.

Winners for the Knights included Anderson Williams, Azinger Sam Upah, Punahle Soriano, Fank

In the second dual on Saturday, Wartburg faced No. 9 seed Ithaca. The Knights were again successful, winning 33-6.

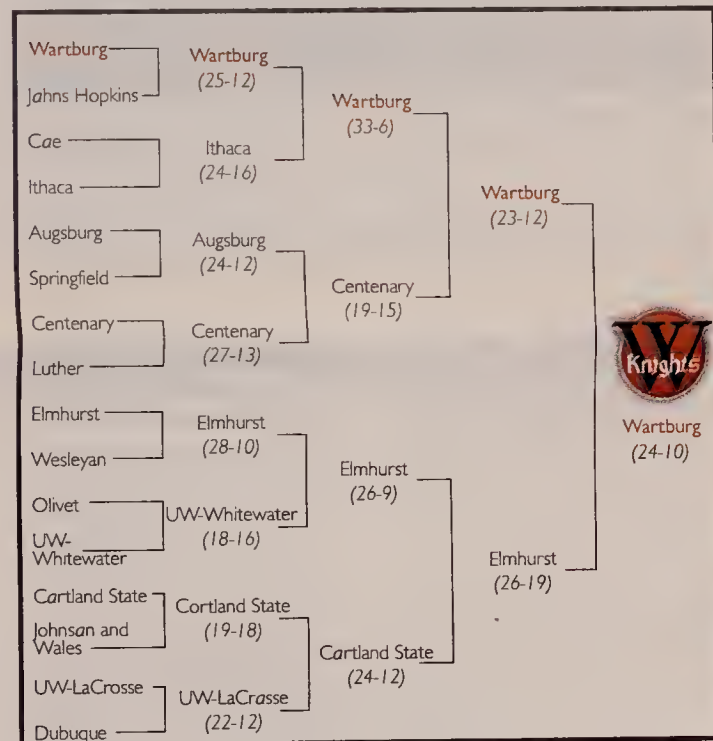
Winners for the Knights included Anderson, Mirocha, Silvestri, Welter, Williams, Upah, Hawes and Fank.

Fank recorded his sixth pin of

the season and Anderson moved his winning streak to 11.

The Knights (10-0, 1-0) return to IIAC competition Thursday when they host No. 13 Luther (6-5, 1-0) at 7 p.m.

Wartburg has a quick turnaround as they travel to Cedar Rapids Friday night to take on the No. 8 Kohawks (9-4, 3-0) in another Iowa Conference dual.



Wartburg's Kodie Silvestri wrestles an Ithaca opponent at the National Duals in Springfield, Ill. Saturday. More photos and video highlights can be viewed on www.wartburgcircuit.org. —Shelby Granath/TRUMPET

Men continue IIAC winning streak

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The Wartburg men's basketball team was not intimidated in its first conference road test of the season Saturday at Simpson.

The Knights silenced the Storm crowd early and often, including Drew Crawford's 3-pointer that put Wartburg up 32-9.

Crawford went on to score 14 points on four 3-pointers and pulled down seven rebounds.

Wartburg rolled to a 69-54 victory in Indianola, improving to 8-5 overall and 3-0 in the Iowa Conference.

Eddie Diemer had a big game inside with 16 points and five rebounds.

Wartburg shot 55.8 percent as a team, including 47.4 percent from beyond the arc.

Wednesday night the men took on the Central Dutch at home and came away with a win over the IIAC opponent 86-78.

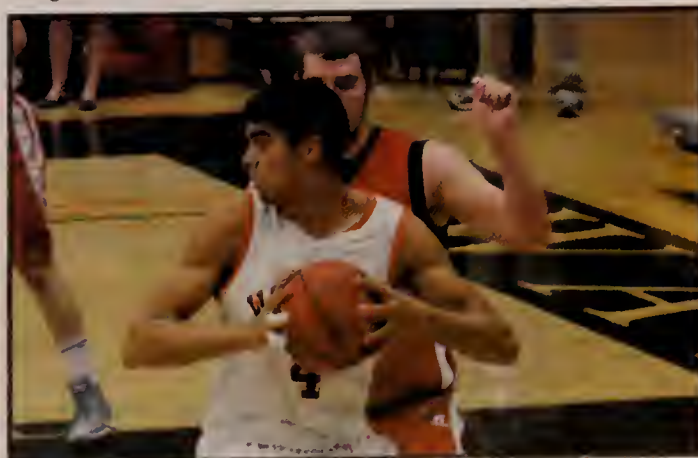
The Knights got out to a substantial lead early and didn't look back the whole game.

"Our guys came out ready to play, we did a nice job in the first half of sharing the ball which led to open shots, fortunately we were able to make those shots and establish an early lead," assistant coach Jason Steege said.

Brett Ahlgren led all scorers with 16, 12 of those points coming from three-point range.

Point guard Brandon Flenor came off the bench and was able to penetrate the Dutch defense to open the scoring for himself and teammates.

► **Knights take down Simpson—p.7**



Wartburg's Eddie Diemer looks to make a post move in Wednesday's victory over Central at Levick Arena. Diemer leads the team in points (12.3) and rebounds (6.7) per game. —Erin Ridgeway/TRUMPET

Editor's take: Basketball teams proving doubters wrong

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Back in November, the basketball coaches of the Iowa Conference picked the Wartburg women's team to finish fourth in the IIAC and the men to finish dead last.

After three games of conference competition, it's obvious both teams can be better than that. Much better.

Let's begin with the men. They went 5-5 in the non-conference campaign, the worst record among Iowa Conference teams.

But they've turned it around in a big way.

Last Saturday a Dubuque Spartans team that lost just one non-conference game came marching in to Levick Arena looking to begin their run to the top of the IIAC with a blowout win.

As ESPN's Lee Corso would say, "Not so fast my friend."

The Knights exploded for 46 first half points and went on to win 69-58, sending a message to the rest of

the Iowa Conference.

Wartburg wasn't about to be anyone's doormat.

Wednesday they proved it wasn't a fluke as they pummeled Central, leading by as many as 26 points in an 86-78 win.

Saturday was their first road test against the Simpson Storm.

The Knights were once again the aggressor, leading 32-9 at one point in the first half and not letting up for a 69-54 win.

The team that was supposed to finish last in the league isn't just pulling a few close upsets, they are winning convincingly.

And they're fun to watch, too.

Like offense? The Knights shot .442, .509 and .558 from the field in their first three IIAC games.

That includes shooting an astonishing .357, .500 and .474 from three-point range.

► **Knights deserve—p.7**